







Golden Age Center Lunch Calendar

Membership allows you to partake in our nutritious lunch program; lunch is \$4.00 OR \$5.00 OR MORE on Special Event days. Lunch is served at 11:45am Monday-Thursday & 11:30am on Friday. Please call (716) 773-9682 to reserve your lunch. Please remember to call us and **CANCEL** your meal if you cannot attend so that we can sell your lunch to another member.

Our Take-Out lunch is paid for at the Front Office of the Golden Age Center and lunch is picked up at the Kitchen from our talented Chef. Enjoy!

August 2024 Lunch Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Menu may change without notice. Special Diet meals may be different than stated on the menu to meet dietary requirements. Thank you for understanding!</i></p>		<p>Update: You MUST call us at (716) 773-9682, the DAY OF, to register for lunch; calls will be accepted 8am until 10:30am. NO reservations for lunch will be allowed on the answering machine. Lunch openings are LIMITED due to amount of food available and the 10:30am cut off time. <i>Thank you!</i></p>		<p>1 Julienne Salad</p>	<p>2 Souper Seniors </p>	<p>3</p>
<p>4</p>	<p>5 Travel Club meeting  Open-Faced Turkey with Gravy, Stuffing, & Hearty Vegetables</p>	<p>6 Swedish Meatballs with Rice</p>	<p>7 On the Town Birthday Party \$6 Fettucini à la Sinatra with Breaded Chicken, Broccoli, Arugula Salad, & Cheesecake</p>	<p>8 Brunch for Lunch! French Toast Sticks, Yogurt Parfait, Sausage & Scrambled Eggs</p>	<p>9 Souper Seniors </p>	<p>10</p>
<p>11</p>	<p>12 Spaghetti & Meatballs with Green Beans and Garlic Bread</p>	<p>13 "Rachel" with Chips & a Pickle</p>	<p>14 Antipasta Salad with Roll & Butter and Jello Parfait</p>	<p>15 Executive Board meeting \$6 Fried Chicken with Mashed Potatoes & Mixed Vegetables</p>	<p>16 Souper Seniors </p>	<p>17</p>
<p>18</p>	<p>19 Italian Sausage with Peppers, Onions & French Fries</p>	<p>20 Chicken Carbonara with Peas</p>	<p>21 Sloppy Joe Sandwich & French Fries with Jello</p>	<p>22 Summer Club Picnic Day \$6 Hamburger OR Hot Dog Bar, Macaroni Salad, Watermelon, Pickle, & 3 Bean Salad</p>	<p>23 Souper Seniors </p>	<p>24</p>
<p>25</p>	<p>26 Pulled Pork with Hearty Mac & Cheese</p>	<p>27 Chicken & Vegetable Stir Fry with Rice & Pineapple</p>	<p>28 Stuffed Peppers with Garlic Bread</p>	<p>29 Monte Cristo Sandwich with Chips</p>	<p>30 Souper Seniors </p>	